

November/December Newsletter

Dear Parents/Guardians,

Incredibly, we are starting the 'silly' season shortly, but we are delighted to say that friendships are budding and it's a pleasure to see the children engage with all the activities, however we would like you to take the time to read some important items of interest.

Health & Safety

- As the weather is getting colder, warm coats and shoes are needed for outdoor activities playground is suitable for playing in all year round and we will continue to use it for short periods during the winter.
- As you enter and leave the building, please ensure you close the outer door to keep everyone cosy as the winter approaches.
- Likewise, the gate should be closed as it may swing open in the wind and catch a child without warning.
- The ECCE room is 9am 12noon and we request that you arrive at the designated collection time of 12.10pm.

The following policies are available in the office of the school for parents to view:

Settling in policy (4 weeks)

Managing positive behaviour policy

Collection and Drop off policy

School Collection policy

Complaints policy

Fire Safety and Evacuation policy

Infection Control policy

Administration of Medication policy

Accidents and Incidents policy

Car Parking policy

Child Development policy

Child Observation and Assessment policy

Child Protection policy

Confidentiality policy

Emergency Closure policy

Head Lice policy

Social media and Multimedia policy

Nappy Changing policy

Record-Keeping policy

Toileting and Intimate Care policy

Newsletter is given to all parents during the final admissions.



Aistear & Síolta Standard Framework

Síolta, the National Quality Framework for Early Childhood Education, was developed by the Centre for Early Childhood Development and Education on behalf of the Dept. of Education and Skills.

It is designed to define, assess and support the improvement of quality across all aspects of practise in Early Childhood Care and Education Settings.

Síolta establishes 16 Quality Standards that all early childhood services should work towards and has two important functions:

1) Síolta also serves as a self-assessment Quality Assurance Programme. Services participating in this programme work through all 16 standards of Síolta towards achieving high quality practise and accreditation.

2) To guide the way all early childhood care and education services work and develop in Ireland. It does this by establishing core principle to which all services must adhere and by guiding service providers and practitioners towards quality practise in all areas of service provision.

Our curriculum additional curriculum

Baking

Talk Boost

Bia Blasta :Promoting healthy fruit

Story telling.



We are a member of Early Childhood Ireland.

This body represents over 20,000 childcare educators in Ireland and is supporting over 100,000 children and their families across the country.



Redeemer School has been notified with TúsLA (Formerly HSE, Health Service Executive) since we first opened in 2007.

A copy of the Child Care 1991 (Early Years Services) Regulations 2006 is available should anyone wish to read them.

To secure the health, safety & welfare of children

The main purpose of the inspection includes:

To promote the development of pre-school children

These inspections usually take place once a year and are on an ad-hoc basis.

A copy of our recent inspection report is on the display on our board.

Bia Blasta

To ensure compliancy with the regulations made under part VII of the Childcare regulations 1996

A more detailed description is set in Section 52 of the Child Care Act 1991 (Early Years Services) Regulations 2016.

Objectives of the Bia Blasta Scheme / Bia Blasta

The Bia Blasta scheme is a pre-school nutrition program aimed at providing daily nutritious meals to 25,000 children in disadvantaged areas, funded with €4.2 million.

Objectives of the Bia Blasta Scheme

The Bia Blasta (Delicious Food) scheme is designed to address child food poverty and improve the nutritional intake of preschool children attending early learning and care services in disadvantaged areas. Here are the key objectives and features of the program:

Daily Nutritious Meals: The scheme provides a light nutritious meal to preschool children, ensuring they receive adequate nutrition during their time in early learning settings. Each participating child receives €1.50 per day to support meal provision.

1: Targeted Support: The program specifically targets services with the highest concentrations of preschool children experiencing disadvantage, as identified by the Equal Start identification model. This ensures that the support reaches those who need it most.

2: Learning Framework: Bia Blasta incorporates a learning framework where children engage in activities related to food preparation, sharing, and cleaning up after meals. This approach not only nourishes them but also educates them about healthy eating habits.

3: Funding and Resources: The scheme is backed by significant funding, with €4.2 million allocated to ensure its successful implementation. Additionally, participating services can apply for equipment grants to purchase necessary items like fridges and ovens, further enhancing their ability to provide nutritious meals.

4: Free for Parents: One of the key aspects of the Bia Blasta program is that it is free for parents, removing financial barriers to accessing nutritious meals for their children.

It Cost Us Nothing / Outdoor Space

We have 180sqms outdoor play area.

Our outdoor area is a Spacious natural area which includes our vegetable garden where the children plant and care for their own plants and vegetables.

Playing outside provides opportunities for young children to experience the world with all their senses.

At Redeemer (Redep) Preschool children learn through the type of place or environment they are in.

In outdoor spaces children can shout or be noisy, create bigger structures play games which require more expansive movements use their imagination in different ways, be more creative.

Messier and try out different activities, children learn best through different hand on experiences, exploring, experiencing experimenting and making new discoveries.

Children need to be provided with opportunities to try out new things this may involve children getting dirty, wet, or falling over, these experiences help to build children's confidence and is an important part of learning about skills and limitations.

So, let's get out there and reconnect with nature and remember that all the expensive equipment cannot replace the experience of hands-on experiences with natural materials, outdoor spaces are full of open-ended materials.

Connecting with Nature and Developing Environmental Awareness

Spending time outdoors helps children develop a sense of connection to nature and an appreciation for the environment. When children play outside, they become more aware of the natural world around them, learning about plants, animals, weather, and ecosystems. This early exposure fosters environmental awareness and encourages children to care for the planet as they grow.

How Outdoor Play Promotes Environmental Awareness:

Respect for nature: Children who spend time outdoors learn to appreciate and respect the environment, from understanding the importance of clean air and water to recognizing the role of trees and plants.

Hands-on learning: Outdoor play offers real-world experiences that help children learn about the natural world in a hands-on, immersive way.

Sustainability habits: Early exposure to nature can inspire lifelong sustainable habits, such as recycling, conserving water, and reducing waste.

Reducing Stress and Boosting Mood

Outdoor play has proven mental health benefits for children. Fresh air, sunlight, and the freedom to move around can help reduce stress and improve children's moods. Spending time outdoors can be particularly beneficial for children who experience anxiety or restlessness, as it provides them with a calming environment where they can release energy and feel more relaxed.

Mental Health Benefits of Outdoor Play:

Stress relief: Playing outside gives children a break from structured indoor activities, helping them relax and reduce stress.

Mood enhancement: Exposure to sunlight boosts the body's production of serotonin, a hormone that helps improve mood and promote a sense of well-being.

Increased focus: Time spent outdoors has been shown to improve attention and focus, especially in children who may struggle with concentration indoors.

Outdoor play is an essential part of early childhood education, providing countless opportunities for

Physical,

Intellectual

Language

Emotional

Social Interactions.

By allowing children to explore, imagine, and engage with the world around them, outdoor play fosters well-rounded development and promotes a lifelong love of nature and learning. Whether it's running, climbing, or simply observing nature, the benefits of outdoor play are undeniable.

At Redeemer Preschool, we believe in the power of outdoor play to support children's growth and development.

Our programs provide ample opportunities for children to engage in outdoor learning and play in a safe, stimulating environment.

Contact us today to learn more about how our curriculum encourages outdoor exploration and physical activity.